

Lunch Menu

All meals are prepared by Aunty Maureen at our AristoKids branch. Our menu rotates over a four week period.

Breakfast will be one of the following served alternately:

Oats/ Rice Crispies/ Wheat Bix/ Maize Porridge/ Corn Flakes/ Pronutro

Morning and afternoon snacks are whole-wheat sandwiches with one of the following served alternatively:

Bovril/ Cheese Spread/ Peanut Butter/ Apricot or Mixed Fruit Jam/ Chocolate Spread/ Fish Paste/ Syrup

Week One

Monday - Spaghetti Bolognese
 Tuesday - Cottage Pie
 Wednesday - Tuna Bake
 Thursday - Chicken Wings, Rice & Veg
 Friday - Hotdogs & Chips

Week Two

Monday - Spaghetti Bolognese
 Tuesday - Sausages, Rice & Veg
 Wednesday - Macaroni & Cheese
 Tuesday - Fish Fingers, Mash & Peas
 Friday - Hotdogs & Chips

Week Three

Monday - Spaghetti Bolognese
 Tuesday - Chicken Bake, Rice & Veg
 Wednesday - Meaty Pasta Bake
 Thursday - Fish Fingers, Mash & Peas
 Friday - Hot Dogs & Chips

Week Four

Monday - Spaghetti Bolognese
 Tuesday - Fish Fingers, Mash & Veg
 Wednesday - Chicken 'A La King
 Tuesday - Sausages, Rice & Peas
 Friday - Hotdogs & chips